

BASIC STROKES

"GROUPS OF 4" BREAKDOWNS

1A

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 R R R R R R R R R L R L R L R L R L R L R L R L R L R L R L R L
 L L L L L L L L L R L R L R L R L R L R L R L R L R L R L R L R

No need to play an upstroke here if switching hands after taking repeat.

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 R R R R R R R R R L R L R L R L R L R L R L R L R L R L R L R L
 L L L L L L L L L R L R L R L R L R L R L R L R L R L R L R L R

1B

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 R R R R R R R R R L R L R L R L R L R L R L R L R L R L R L R L
 L L L L L L L L L R L R L R L R L R L R L R L R L R L R L R L R

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 R R R R R R R R R L R L R L R L R L R L R L R L R L R L R L R L
 L L L L L L L L L R L R L R L R L R L R L R L R L R L R L R L R

1C

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 R R R R R R R R R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L
 L L L L L L L L L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

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 R R R R R R R R R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L
 L L L L L L L L L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

1D

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 R R R R R R R R R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L
 L L L L L L L L L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

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 R R R R R R R R R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L
 L L L L L L L L L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R L R

